

THE WELLNESS BOX



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THE WELLNESS BOX



FEATURES

The Little Book of Mindfulness
Mindfulness Colouring Book
Pack of 12 Colour Pencils
Green Tea (Mojitea)
And Relax Candle
Self Heating Relaxing Eye Mask

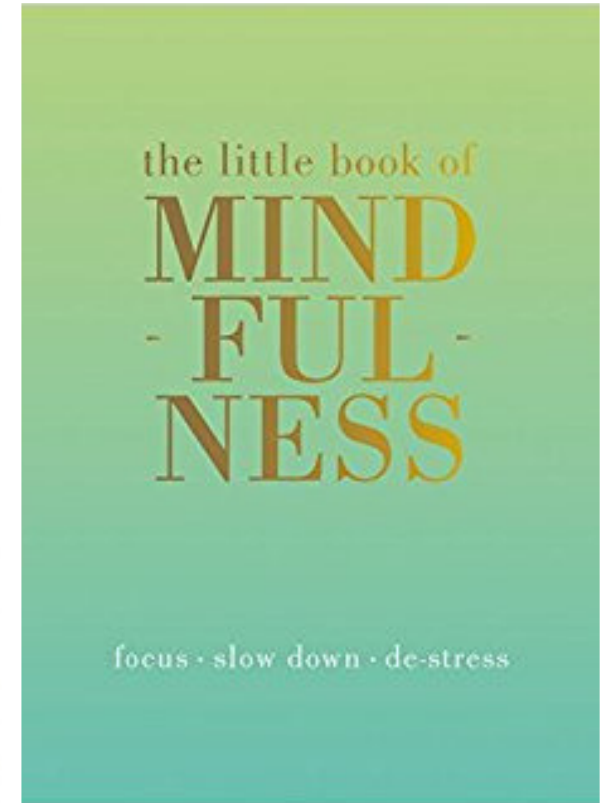
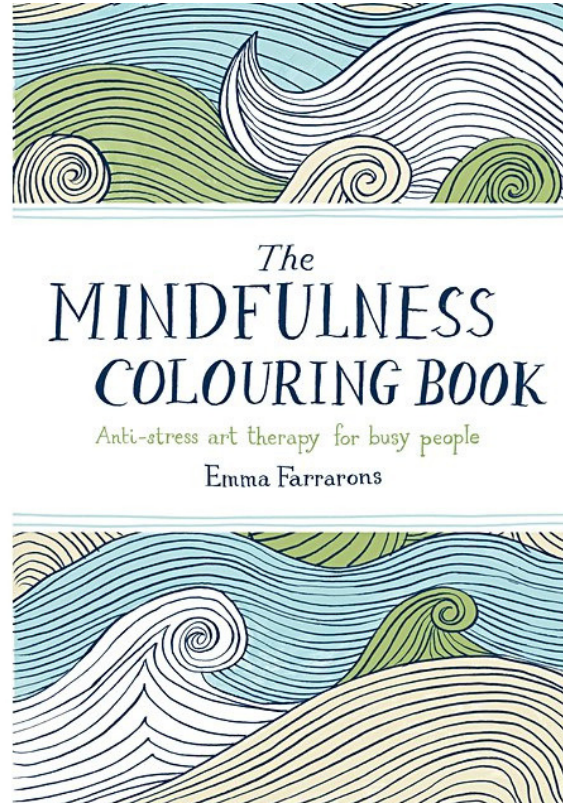
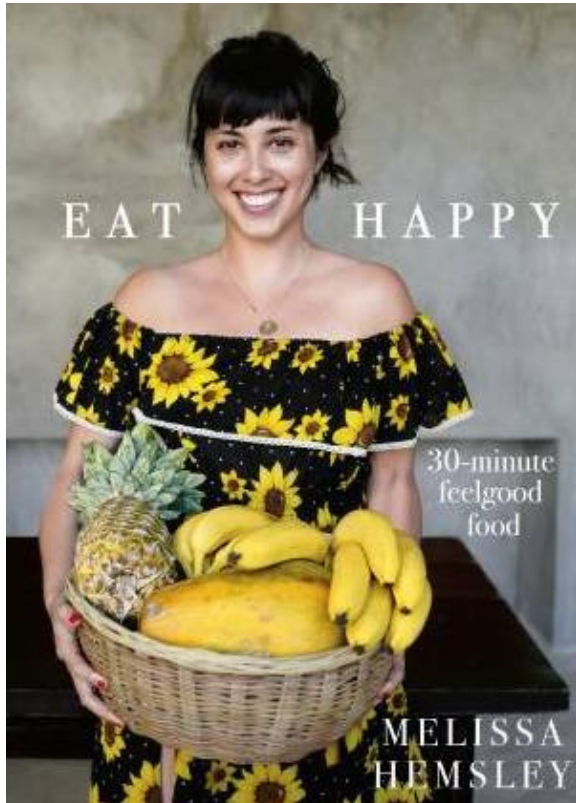
Bespoke Options available



WELLNESS
BOX

BOOKS

Select from Cook, Colour & (self) Care books to assist in & promote a healthy lifestyle





WELLNESS
BOX

STATIONERY

Select from a range of Weekly Planners, Pads, Notebooks & Pencils - perfect for making plans, lists & job tasks - aids creativity & organisation,





WELLNESS
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FOOD & DRINK

Select from a range of healthy teas, Granola & stylish reusable drinks bottles. Promotes healthy eating & drinking.





WELLNESS
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BATH & BODY

Select from a range of products designed to calm, relax, de stress & unwind body & mind.

